



*I'm not recovering
from bipolar
disorder only to
die of lung cancer.*

***I had to quit
smoking.***

~Blake

People with a mental illness or a substance abuse disorder
smoke half the cigarettes in America.

Most want to quit. Many have quit. We can help.

Call the Maryland Tobacco Quitline at 1-800-QUIT-NOW

It's free. It's confidential. It works.

